

The Worst Thing a Woman does to a Man – Shaming

**When a woman criticizes a man, whether deliberate or not, she makes it impossible for him to feel connected to her*

Examples of Shaming:

1. **Correcting what he said:** “It was last Wednesday, not Thursday.”
2. **Questioning his judgment:** “Are you going to cook those eggs one at a time?”
3. **Giving unsolicited advice:** “If you would just make the call you’ll feel better.”
4. **Implying inadequacy:** “I wish you had been at that workshop with me” (not because he would have enjoyed it but because it would have “corrected some of his flaws”).
5. **Using a harsh tone or being condescending:** “I am so tired of this!”
6. **Comparing:** “The neighbor’s yard sure looks nice.”
7. **Expecting him to make me happy:** “If we just did more fun things together...”