

THE 12 TESTS OF TRUE LOVE!

By Dr. Dave Currie and Christie Rayburn ®

#1 - The Test of Appearance

Are you physically attracted to each other? Do you find things you love about your partner's appearance and body?

#2 - The Test of Love Struck

Do you still get goose bumps? Do you anticipate seeing each other? When in a room together, do you always know where your partner is at?

#3 - The Test of Loyalty

You don't hesitate to stand up for one another. You are never heard talking bad about the other one. And, you only have eyes for each other.

#4 - The Test of Fighting

You have conflict but your relationship is not characterized by it. When you fight, you are both able to express yourself and you can resolve the issue in a way that makes you both feel like winners.

#5 - The Test of Trust

You believe each other. You feel understood by each other. And, as a rule, you don't give each other reason to doubt or be suspicious.

#6 - The Test of Freedom

You are free to disagree and express it. You have your own opinion. Both of you contribute to decision making.

#7 - The Test of Sacrifice

You are willing to put your partner's needs before your own. You are willing to compromise and let go of your selfish ways.

#8 - The Test of Respect

You verbalize your admiration for each other's qualities and strengths. You don't show criticism, blame, or condemnation as you communicate.

#9 - The Test of Building Up

You enjoy encouraging each other. You are quick to notice their accomplishments. You are their biggest fan and they know it.

#10 - The Test of Other's Support

Friends believe you are good for each other. Others enjoy being around the two of you. You have mutual friendships.

#11 - The Test of Family

You spend time with each other's families and feel comfortable. You have been a part of meals, holidays, and celebrations.

#12 - The Test of Distance

You can spend time away and apart from each other without it causing problems. You have learned to communicate in various situations.

NOTE: The more of these tests that are affirmative for your relationship, the better chance it is true love.