

10 SIMPLE WAYS TO STAY CONNECTED....
That only takes 30 seconds!

- 1) Text your sweetheart.
- 2) Reach out and touch your partner in a loving way.
- 3) Make a phone call to share something you appreciate about him/her.
- 4) Leave a note declaring your love.
- 5) Give a giant hug.
- 6) Kiss each other good-bye ... for 15 seconds.
- 7) Wink at him/her across the room.
- 8) Open the door for her.
- 9) Bring him his favorite snack or drink.
- 10) Smile while making and keeping eye contact.