

A Quick Quiz to Better Know Your Man

This quiz, built around the common male need. It will help you identify your man's nature. Certainly not all men have all these needs, so let's take some time to identify the ones that you see in your husband. It's far easier to understand his needs when you know what they are.

Rate each of the following statements with a number from 1 to 5, where 1 means you don't agree with the statement at all, and 5 means no truer words were ever spoken!

1. The man who needs to feel cared for.

_____ When my husband gets sick, he becomes paralyzed and needy.

_____ When I'm on the phone or busy on the computer, my husband gets pouty and wanders around the house aimlessly.

_____ When the house is messy, my husband gets agitated until I start to clean up.

_____ My husband says that I soothe him when I hold him in my arms.

_____ **His Score**

2. The man who needs acknowledgment of his efforts.

_____ My husband will get very quiet if I don't praise him when he pitches in around the house.

_____ As soon as my husband comes home, he has to tell me about all his accomplishments at work.

_____ When he finishes work in the yard, my husband gives me a tour to show me all that he did.

_____ When my husband wears new clothing that he purchased himself, he struts around until I notice it.

_____ **His Score**

3. The man who has trouble verbalizing love and regret.

_____ My husband doesn't say "I love you" very often; when he does, he seems uncomfortable.

_____ When I try to sit down and talk to my husband about my feelings, he gets restless.

_____ My husband will rarely say "I'm sorry."

_____ My husband doesn't understand why I apologize to my friends, saying "You have nothing to be sorry about."

_____ **His Score**

4. The man who needs to protect his family.

_____ My husband gets irritated when my friends call and unload their problems on me.

_____ When we go on long drives, my husband makes sure the car is in good shape by checking gas, fluid, and air levels.

_____ When it snows, my husband gets up early to clear the driveways or walkways, or to clean off my car.

_____ My husband takes care of having life insurance and disability insurance in case anything happens to him.

_____ **His Score**

5. The man who needs to be right and in control.

_____ When my husband is watching sports with his friends, he'll argue over whether the referee made the right call.

_____ When I challenge my husband's opinion, he becomes sullen or angry.

_____ My husband boasts or says "I told you so" when he's made a correct prediction about something.

_____ Whenever we watch TV, my husband has to have the remote in his hand at all times.

_____ **His Score**

6. The man who needs action.

_____ My husband hates to be at functions or events where he has to sit still for any length of time.

_____ My husband is regularly involved with exercise or athletic activities.

_____ My husband is most relaxed when we do physical activities together.

_____ When we visit family, my husband usually finds projects to do or goes off to do an activity with other guys.

_____ **His Score**

7. The man who has an undeniably strong attraction to females.

_____ My husband enjoys looking at women in men's magazines, "American's Top Model," or even Victoria's Secret catalogues.

- _____ When we're at the beach, I can't get my husband's attention because his eyes roam!
- _____ When I get undressed, my husband ogles me.
- _____ My husband tries to charm the cute waitress when we're out to dinner.
- _____ **His Score**

Scoring Your Quick Quiz

What's the verdict? Take the total score from each category and jot the number down here.

- The man who needs to feel cared for _____ **His Score**
- The man who needs acknowledgement of his efforts. _____ **His Score**
- The man who has trouble verbalizing love and regret. _____ **His Score**
- The man who needs to protect his family. _____ **His Score**
- The man who needs to be right in and in control. _____ **His Score**
- The man who needs action. _____ **His Score**
- The man who has an undeniably strong attraction to females. _____ **His Score**

15 or more: That's pushing his buttons!

In which category of manly traits does your husband score the highest? Those that score 15 or more represent possible hot button points. If you are aware that these needs are strongly motivating your husband's behavior, you'll be in a better position to find true marital happiness.

Between 12 and 15: Could be serious

If the tally is between 12 and 15, the trait is still worth paying close attention to. These may be strong attributes in your guy, and knowing this can help you better interpret his actions and comments. But they're not dyed in the wool, and you shouldn't assume that your husband is inflexible in these areas.

Between 8 and 12: Common ground

Scores that fall between 8 and 12 may tell you that your husband has some traits in an area, but they're not prime motivators. This gives you the opportunity to find considerable common ground with your mate; in many cases, you and he may actually handle situations in much the same way.

Less than 8: Not a concern

If the count is less than 8, it's likely that this personality category isn't a major source of conflict in the household. No need to put time and effort into understanding and nurturing this male trait. Your man's behavior is not motivated by it.

Remember, there's no good or bad in this test; some women report scores for their husbands higher than 15 in every single category! All that says is that these husbands were born with developed, or were taught to have these (typically) male characteristics.

These are the elements of your husband's nature that make him who he is – the man you chose to marry.